

Teaching Aids

SESSION 1

Letter to Families



Dear Families,

Welcome to the Fall 2020 quarter of Shine! For the next 13 weeks, we will explore Old Testament stories from Genesis and Exodus, stories that were told orally for generations before they were ever written down. They are the stories that reflect the journey of our faith from its beginnings. Family activity suggestions are to help you continue sharing the story at home. Younger children will bring home ideas weekly in the Primary Leaflet on the Family page.

Pray Together!

This quarter, children are learning several ways to pray. Families with younger children can use the inside pages of the Bonus Primary Leaflet to focus on ways to pray. Another option is to pray using Psalm 121. Read Psalm 121 together as a family or find a musical arrangement of Psalm 121 to listen to together. Set aside a few times each week to pray together.

Play together!

Fall is a wonderful season to spend time outside together. Go on a bingo hike. Make a bingo card with objects for children to look for as you walk, based on items you can find near your home, such as a rock, cloud, blade of grass, or pretty leaf. See who can find bingo first!

Eat Together!

Food is mentioned several times in the stories this quarter: the yogurt and bread Abraham and Sarah offered their visitors, the lentil stew Jacob gave Esau, and the flatbread made by the Israelites as they fled Egypt. Older children will bring home recipes in the *Spotlight Magazine* at the end of the quarter.

Try making this simple flatbread that only takes minutes to prepare and cook.

Ingredients:

- 2 cups / 300 g flour
- ½ tsp / 2 ml salt
- 4 T / 60 ml butter
- ¾ cups / 185 ml milk
- 1 T / 15 ml oil

Instructions:

1. Combine flour and salt in a large mixing bowl. Heat milk and butter until butter is melted. Pour into flour mixture and stir until blended.
2. Sprinkle work surface with flour and knead dough for about 2 minutes. If dough is sticky, add more flour. Wrap in plastic wrap and let rest at room temperature for 30 minutes.
3. Cut dough into 4 pieces. Roll pieces into balls and roll flat.

Heat oil in a nonstick pan over medium heat. Cook flatbread on both sides for about 1 minute on each side.



SESSION 1

"Four Corners" Game Instructions

Follow these instructions to play the "Four Corners" Game in Explore (Move).

1. On four sheets of paper write the names of four places Abram and his family visited: Haran, Shechem, Bethel, and the Southern Desert. Place one sign in each corner of your meeting space.
2. Choose one person to be the counter. Blindfold this person and place him or her in the center of the room.
3. While the counter counts aloud to 10, the rest of the children will move around to the different corners of the room.
4. When the counter gets to 10, children must choose a corner and stop moving. Without looking, the counter will call out the name of one place: Haran, Shechem, Bethel, or the Southern Desert. Any children who are in the corner named by the counter must sit down for the rest of the round.
5. Continue playing by repeating steps 2–4 until only one person remains. This person then becomes the new counter.

SESSION 3

A Blessing Blows

Use suggestions as directed in Connect to Each Other.

A blessing blows . . .

- . . . for everyone who has an older sister
- . . . for everyone with brown eyes
- . . . for everyone who likes French fries
- . . . for everyone who ate cereal for breakfast
- . . . for everyone who has a cat/dog
- . . . for everyone who has a little brother
- . . . for everyone that likes to eat salad
- . . . for everyone who helped with the dishes last week
- . . . for everyone who is wearing socks
- . . . for everyone who is (5, 6, 7, 8) years old
- . . . for everyone who has traveled out of the state/province
- . . . for everyone who likes bananas
- . . . for everyone wearing green